

The Upside Of Downsizing To The Tam

Please Join Us

For a Special Presentation
Wednesday, April 10, 2019
2:00pm - 4:00pm

Featuring
Patty Davis
Professional
Organizer



APRIL 2019 Calendar EVENT HIGHLIGHTS

APRIL 9 DOCENT TALK BY
11:00 AM KATHRYN ZUPSIK

APRIL 11 CABARET
4:00 PM INTHEAUDITORIUM

APRIL 16 JOHN J. GEOGHEN
11:00 AM AUTHOR'S TALK

APRIL 19 GOOD FRIDAY
7:30 PM MOVIE NIGHT

APRIL 20 PASSOVER
12:45 PM SF BALLET

APRIL 21 EASTER
9:30 AM CHURCH SHUTTLE

APRIL 23 PBS SPECIAL
11:00 AM VOLCANOS
4:00 PM KARAOKE

APRIL 30 DANCING WITH
10:30 AM ALLEN
11:00 AM TED TALKS
4:00 PM CONCERT TRIO
AUDITORIUM
7:30 PM MOVIE NIGHT
'THE AMERICAN
PRESIDENT'

Downsizing The Family Home

Downsizing a home can be an emotional and physical challenge for many people. How do you part with lifelong possessions and create a new living space with less room for furniture and treasures?

If you are feeling overwhelmed by the prospect of downsizing, you are not alone! Many people have faced these challenges before you and have found that, with a well-thought-out plan, it's possible to de-stress and declutter at the same time!

Whether you are anticipating a move, or simply want to declutter your life, downsizing definitely has its upside!



ANDREW FAULKNER PAINTINGS AT THE TAM GALLERY

What is TED?

A Tam favorite, TED TALKS appears on our Tam event calendar several times a month. TED TALKS is a non-profit devoted to spreading ideas, usually in the form of short, powerful talks (about 18 minutes).

TED began in 1984 with a new technology conference in Monterey. TED has grown to more than 3 million talks heard every day around the world.

Check the Tamalpais event calendar for TED TALKS!

Here's What's Happening In & Around The Tamalpais - APRIL 2019

ONGOING EVENTS

TAM Walking Group

Every Tuesday join us for an exploration of favorite trails in Marin!

Memoirs Group

Every Wednesday, join our Tam resident writers meet in a weekly session.

Newcomers Group

Once a month, come learn about The Tam and meet staff and residents.

Sitting Meditation

Every Thursday, join our Meditation Group. Learn all about the advantages of meditation.



Singing Bowls

Singing bowls and gongs produce sounds which invoke a deep state of

relaxation which naturally assists one in entering into meditation.

Stretch & Serenity

A seated class that focuses on flexibility and range of motion.

Happy Hour

Tam Residents Happy Hour in the Lounge: on the 1st & 3rd Friday of every month.



THE TAMALPAIS MARIN - ELEGANT LIVING IN MARIN.

The Tamalpais offers beautiful studio, 1 and 2 bedroom apartment homes, with stunning views. We invite you to join our exceptional community. **Contact The Marketing Department for a Tour.**



Have you been to The Tam Library lately? Pick up a book, chat with friends and enjoy a puzzle game or two!

JUST LISTED

Apartment #901

STUDIO Apartment
One Bath
590 sq.ft.
Fully Renovated As
A Smart Home

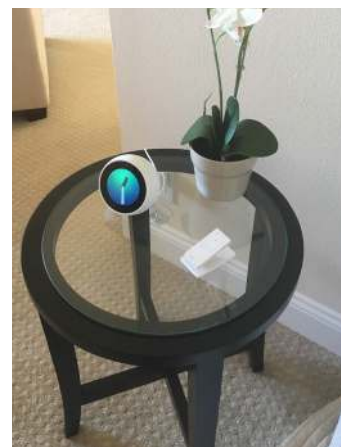
Special Features Include:

- Stunning view facing south toward the Corte Madera Creek and the East Bay
- Kitchenette with microwave/convection oven, refrigerator and cooktop
- Maple cabinetry
- One full bath with built-in vanity and tiled walk-in shower
- Resident emergency response system
- Individual apartment heating & cooling systems



WELCOME TO THE TAMALPAIS
SMART HOME

In a "Smart Home" appliances, lighting, heating, computers air conditioning, TVs, and entertainment systems can be controlled by voice activation or mobile devices.



CONTACT THE TAMALPAIS MARKETING FOR A TOUR TODAY.

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